

**METHACTON AQUATIC CLUB
RESOLUTION 001**

Adopted September 8, 2008

In order to fulfill Methacton Aquatic Club's objectives, which includes but is not limited to fostering physical and mental growth, teaching good sportsmanship, and conducting a social and competitive swim program that recognizes all swimmers and divers for their dedication and effort, the Executive Committee hereby adopts Resolution 001, "Rules of Conduct", which all members and swimming and diving participants shall be expected to abide by during all Club practices, meets, invitationals and other Club sponsored events:

Swimmers and Divers

1. All swimmers and divers shall attend two practices per week. A minimum of three practices is preferred. If it is impossible to attend two practices in a given week due to illness or a family vacation, the parent or guardian of the swimmer or diver shall provide a verbal explanation regarding the absence.
2. All swimmers and divers shall engage in sportsmanlike behavior at all club times.
3. All swimmers and divers shall be respectful of the coaching staff, the School District Staff, all opposing teams, and all meet officials.
4. All swimmers and divers shall maintain a safe course of conduct in and around the pool area.
5. All swimmers and divers shall remain in the pool area with his/her coaches during all practices and meets.
6. All swimmers and divers, to the extent possible, shall provide 7 days advance notification if he/she cannot attend a meet. Our head coaches spend a significant amount of time preparing our meet line-ups for individual events and relays. Accordingly, it is very important to know who will be attending a meet in advance.
7. All swimmers and divers shall arrive at practices in a timely manner and shall be prepared to commence practice.
8. All swimmers and divers shall remain at all meets and practices until the conclusion of the meet or practice, unless excusal is permitted by the coach, which shall be at the coach's sole discretion.

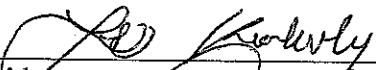
9. No foul language is permitted during club practices, meets or events.

Parents and Guardians


1. For safety reasons, no parent or guardian shall enter the pool deck unless asked to do so by a Coach or Executive Committee member.
2. All parents and guardians who elect to remain in the balcony area during practice times shall abide by all rules and regulations posted in the pool area, stairwell or balcony areas relating to "balcony conduct". Children shall be permitted in the balcony area provided that they are under the direct supervision of their parent or guardian.
3. All parents and guardians shall demonstrate good sportsmanship and afford respect and courtesy toward all swimming and diving participants, other members, parents from other teams, and coaches.
4. All parents and guardians shall ensure that their children are picked up at the conclusion of a practice or meet in a timely manner at the pool, inside the building.
5. If a parent or guardian has a need to speak with a coach, please do so either immediately before or immediately after practice. No communications should be initiated during practice.
6. No foul language is permitted in the pool area.

A failure to abide by these rules, as determined by the Executive Committee in their sole discretion, can result in the suspension or termination of club membership.

Approved this 8th day of September, 2008.



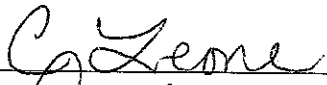
President



Vice President



Secretary



Treasurer



Coach