



## 2011-2012 MAC Girls Swim Buddy Program

The swim buddy program is a team building activity that we started last year with great success. Every swimmer who participates is assigned a buddy (usually we try to pair up older swimmers with younger or new swimmers). Buddies are asked to make posters or signs that can be hung up during swim meets (both home and away) and to encourage and cheer for each other throughout the season. Gifts or other “extra” things are permitted, but **not** required.

If your swimmer would like to become a swim buddy, please fill out one of these forms for each swimmer. Due to the size of the team, it will not be possible for swimmers to become a buddy after the initial sign up period. If your swimmer would like to request a buddy, please put their name at the bottom of the form and we will do our best to accommodate the request.

Please return this form to Coach Rosie by October 1<sup>st</sup>.

If you have any questions, please feel free to contact Coach Rosie!  
Thanks!

Name of Swimmer: \_\_\_\_\_

Age: \_\_\_\_\_

Requested buddy (if any): \_\_\_\_\_