

Seasonal Spreadsheet Report

Methacton Aquatic Club [MAC] Coach: Lin Kostelny

Convert To: Yards Print: Yards

Alexander, Elise		50	100	200	500	50	100	200	50	100	200	50	100	200	100	200	400
		Free	Free	Free	Free	Back	Back	Back	Breast	Breast	Breast	Fly	Fly	Fly	IM	IM	IM
SOUD@MAC1-14-2012	Jan-14-12	x36.62							x49.78								
UMAC vs. MAC Girls	Dec-17-11		x1:23.57												x1:35.47		
Methacton at NAAC	Dec-10-11	36.87	1:20.85														
PVAC@MAC12-3-2011	Dec-03-11	x38.46	x1:21.66			x44.08			x52.18								
NAAC HARVEST MEET 2011	Nov-26-11		1:24.78			44.55			51.56						1:36.94		
Radnor Aquatic vs. Methacton Aquatic Cl	Nov-19-11								1:49.52								
LM AT MAS 11-12-2011	Nov-12-11	x37.09	x1:23.63						1:40.95						x1:36.91		
Perkiomen Valley Fall Fest 2011	Nov-06-11		1:18.62			43.63			49.50			45.42					
Angelillis, Taylor		50	100	200	500	50	100	200	50	100	200	50	100	200	100	200	400
		Free	Free	Free	Free	Back	Back	Back	Breast	Breast	Breast	Fly	Fly	Fly	IM	IM	IM
SOUD@MAC1-14-2012	Jan-14-12	35.11							46.69								
UMAC vs. MAC Girls	Dec-17-11	37.43	1:17.59									49.18					
Methacton at NAAC	Dec-10-11	36.14	1:20.99														
PVAC@MAC12-3-2011	Dec-03-11	36.57							49.88								
LM AT MAS 11-12-2011	Nov-12-11	35.26										45.17					
Perkiomen Valley Fall Fest 2011	Nov-06-11	38.44				43.26			48.78			48.95					
Baker, Madeline		25	50	100	200	25	50	100	25	50	100	25	50	100	100	200	
		Free	Free	Free	Free	Back	Back	Back	Breast	Breast	Breast	Fly	Fly	Fly	IM	IM	
SOUD@MAC1-14-2012	Jan-14-12	x56.26										x1:32.50					
UMAC vs. MAC Girls	Dec-17-11	x1:09.62				x1:00.29											
Holiday Classic 2011	Dec-11-11		34.13				41.50						40.38		1:27.73		
PVAC@MAC12-3-2011	Dec-03-11	x1:28.41				x1:01.23											
LM AT MAS 11-12-2011	Nov-12-11	x1:17.94															
Blodgett, Corinne		50	100	200	500	1000	1650	100	200	100	200	100	200	200	400		
		Free	Free	Free	Free	Free	Free	Back	Back	Breast	Breast	Fly	Fly	IM	IM		
Methacton at NAAC	Dec-10-11									1:25.84		1:08.33					

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		50 Free	100 Free	200 Free	500 Free	50 Back	100 Back	200 Back	50 Breast	100 Breast	200 Breast	50 Fly	100 Fly	200 Fly	100 IM	200 IM	400 IM
Boss, Kaela																	
SOUD@MAC1-14-2012	Jan-14-12	x47.16				x56.81											
Methacton at NAAC	Dec-10-11	50.23				59.14											
PVAC@MAC12-3-2011	Dec-03-11	x53.59				x55.22			x1:14.12								
Radnor Aquatic vs. Methacton Aquatic Cl	Nov-19-11		x1:56.75			1:04.75											
LM AT MAS 11-12-2011	Nov-12-11		x1:49.83			x58.09			x1:23.08								
Bruno, Emma																	
SOUD@MAC1-14-2012	Jan-14-12					x44.37			x50.23								
UMAC vs. MAC Girls	Dec-17-11		x1:42.48									x45.19			x1:43.44		
Methacton at NAAC	Dec-10-11	45.31										46.61					
Radnor Aquatic vs. Methacton Aquatic Cl	Nov-19-11					x47.37											
LM AT MAS 11-12-2011	Nov-12-11	42.81				x45.21			x47.88								
Brycki, Kristin																	
SOUD@MAC1-14-2012	Jan-14-12	x40.54	x1:29.31						x52.29								
UMAC vs. MAC Girls	Dec-17-11	42.27	x1:30.06						52.78								
Methacton at NAAC	Dec-10-11	41.45							52.32								
PVAC@MAC12-3-2011	Dec-03-11	x46.04				x50.10			x55.54								
Radnor Aquatic vs. Methacton Aquatic Cl	Nov-19-11								56.29								
LM AT MAS 11-12-2011	Nov-12-11		1:36.14			47.58			x54.96								
Bryers, Kendall																	
UMAC vs. MAC Girls	Dec-17-11	37.70				x44.30			x45.14								
PVAC@MAC12-3-2011	Dec-03-11	x35.34							x44.90						x1:33.37		
Radnor Aquatic vs. Methacton Aquatic Cl	Nov-19-11									1:39.51							
LM AT MAS 11-12-2011	Nov-12-11		x1:22.46			x42.63									x1:27.85		

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Dobbs, Brooke		50 Free	100 Free	200 Free	500 Free	1000 Free	1650 Free	100 Back	200 Back	100 Breast	200 Breast	100 Fly	200 Fly	200 IM	400 IM		
SOUD@MAC1-14-2012	Jan-14-12									1:19.00				2:39.81			
UMAC vs. MAC Girls	Dec-17-11	29.17								1:21.87				2:38.03			
PVAC@MAC12-3-2011	Dec-03-11									1:20.45				2:34.06			
Radnor Aquatic vs. Methacton Aquatic Cl	Nov-19-11		1:05.99							1:20.94				2:39.69			
LM AT MAS 11-12-2011	Nov-12-11	29.58								1:20.81				2:34.37			
Drum, Meaghan		25 Free	50 Free	100 Free	200 Free	25 Back	50 Back	100 Back	25 Breast	50 Breast	100 Breast	25 Fly	50 Fly	100 Fly	100 IM	200 IM	
SOUD@MAC1-14-2012	Jan-14-12					x34.30			x33.32								
UMAC vs. MAC Girls	Dec-17-11	x29.42															
Methacton at NAAC	Dec-10-11		1:11.32						36.34								
PVAC@MAC12-3-2011	Dec-03-11	x31.37							x44.86			x40.67					
Radnor Aquatic vs. Methacton Aquatic Cl	Nov-19-11								x48.28								
LM AT MAS 11-12-2011	Nov-12-11	x28.78				x39.49						x38.74					
Perkiomen Valley Fall Fest 2011	Nov-06-11	30.20	1:14.17			37.98											
Egarter, Katie		50 Free	100 Free	200 Free	500 Free	50 Back	100 Back	200 Back	50 Breast	100 Breast	200 Breast	50 Fly	100 Fly	200 Fly	100 IM	200 IM	400 IM
SOUD@MAC1-14-2012	Jan-14-12								44.85								1:32.09
UMAC vs. MAC Girls	Dec-17-11								46.30								1:40.66
Methacton at NAAC	Dec-10-11		1:34.45						46.90								1:42.65
PVAC@MAC12-3-2011	Dec-03-11								46.42								1:37.60
NAAC HARVEST MEET 2011	Nov-26-11	41.39							47.23			50.02					1:42.83
Radnor Aquatic vs. Methacton Aquatic Cl	Nov-19-11	41.00							45.88								1:41.81
LM AT MAS 11-12-2011	Nov-12-11								45.53								1:38.83
Perkiomen Valley Fall Fest 2011	Nov-06-11	41.24							46.73			50.98					1:41.86

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Egerter, Sarah		50 Free	100 Free	200 Free	500 Free	1000 Free	1650 Free	100 Back	200 Back	100 Breast	200 Breast	100 Fly	200 Fly	200 IM	400 IM		
SOUD@MAC1-14-2012	Jan-14-12			2:44.90								1:31.42		3:09.53			
UMAC vs. MAC Girls	Dec-17-11			2:43.47								1:27.57					
Methacton at NAAC	Dec-10-11			2:45.83													
PVAC@MAC12-3-2011	Dec-03-11	35.10										1:28.02		2:59.49			
NAAC HARVEST MEET 2011	Nov-26-11	34.30	1:15.15					1:22.87						3:01.64			
Radnor Aquatic vs. Methacton Aquatic Cl	Nov-19-11							1:22.96									
LM AT MAS 11-12-2011	Nov-12-11							1:24.51									
Perkiomen Valley Fall Fest 2011	Nov-06-11	33.43	1:13.12									1:26.66		3:05.68			
Gibbs, Chandler		50 Free	100 Free	200 Free	500 Free	50 Back	100 Back	200 Back	50 Breast	100 Breast	200 Breast	50 Fly	100 Fly	200 Fly	100 IM	200 IM	400 IM
SOUD@MAC1-14-2012	Jan-14-12	38.80	1:22.96			38.79											
UMAC vs. MAC Girls	Dec-17-11					41.07											
Methacton at NAAC	Dec-10-11		1:35.04			47.83											
PVAC@MAC12-3-2011	Dec-03-11	41.31				42.20			x1:06.36								
LM AT MAS 11-12-2011	Nov-12-11	44.23	x1:27.89			x44.75			x1:06.22								
Gibbs, Hannah		50 Free	100 Free	200 Free	500 Free	50 Back	100 Back	200 Back	50 Breast	100 Breast	200 Breast	50 Fly	100 Fly	200 Fly	100 IM	200 IM	400 IM
UMAC vs. MAC Girls	Dec-17-11					x49.83			x55.86							x1:50.47	
Methacton at NAAC	Dec-10-11		1:44.07									57.08			1:53.25		
PVAC@MAC12-3-2011	Dec-03-11					x50.72			x56.56								
LM AT MAS 11-12-2011	Nov-12-11		x1:44.48			x55.24											
Goon, Ashley		50 Free	100 Free	200 Free	500 Free	50 Back	100 Back	200 Back	50 Breast	100 Breast	200 Breast	50 Fly	100 Fly	200 Fly	100 IM	200 IM	400 IM
SOUD@MAC1-14-2012	Jan-14-12		x1:40.45						x54.46								
UMAC vs. MAC Girls	Dec-17-11	x48.39				x52.88			x53.54								
Methacton at NAAC	Dec-10-11		1:39.42									58.10			1:50.41		
PVAC@MAC12-3-2011	Dec-03-11								x53.55			x56.92					
LM AT MAS 11-12-2011	Nov-12-11								x54.37							x1:49.46	

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Goon, Sydney		50 Free	100 Free	200 Free	500 Free	50 Back	100 Back	200 Back	50 Breast	100 Breast	200 Breast	50 Fly	100 Fly	200 Fly	100 IM	200 IM	400 IM
SOUD@MAC1-14-2012	Jan-14-12					36.93						x36.52					
UMAC vs. MAC Girls	Dec-17-11					36.57	1:20.11		42.62								
Holiday Classic 2011	Dec-11-11	33.07				38.62			42.96			38.70					
Methacton at NAAC	Dec-10-11		1:13.86												1:23.28		
LM AT MAS 11-12-2011	Nov-12-11	34.28	1:14.79									37.04			1:24.25		
Perkiomen Valley Fall Fest 2011	Nov-06-11					38.36			43.58			38.13			1:23.02		
Gopi, Sangeethaa		50 Free	100 Free	200 Free	500 Free	50 Back	100 Back	200 Back	50 Breast	100 Breast	200 Breast	50 Fly	100 Fly	200 Fly	100 IM	200 IM	400 IM
SOUD@MAC1-14-2012	Jan-14-12	x1:02.87				x1:08.96			x1:42.43								
UMAC vs. MAC Girls	Dec-17-11	x1:04.19				x1:17.86			x1:54.21								
Methacton at NAAC	Dec-10-11	1:19.74															
Groff, Amanda		50 Free	100 Free	200 Free	500 Free	50 Back	100 Back	200 Back	50 Breast	100 Breast	200 Breast	50 Fly	100 Fly	200 Fly	100 IM	200 IM	400 IM
SOUD@MAC1-14-2012	Jan-14-12	30.88										34.06					
UMAC vs. MAC Girls	Dec-17-11												1:27.73			2:56.82	
Holiday Classic 2011	Dec-11-11	32.21				37.51						36.59			1:23.53		
Methacton at NAAC	Dec-10-11														1:24.10	3:07.18	
PVAC@MAC12-3-2011	Dec-03-11											34.62			1:21.24		
NAAC HARVEST MEET 2011	Nov-26-11	34.06				37.76						36.75			1:24.53		
Radnor Aquatic vs. Methacton Aquatic Cl	Nov-19-11												1:32.82				
SWAC Fall Invitational 2011	Nov-13-11	32.68				36.44						35.50			1:22.93		
LM AT MAS 11-12-2011	Nov-12-11											35.86				3:03.26	
Perkiomen Valley Fall Fest 2011	Nov-06-11	32.68				37.41						36.62			1:23.59		

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Convert To: Yards Print: Yards

Li, Emma		25 Free	50 Free	100 Free	200 Free	25 Back	50 Back	100 Back	25 Breast	50 Breast	100 Breast	25 Fly	50 Fly	100 Fly	100 IM	200 IM		
SOUD@MAC1-14-2012	Jan-14-12					x25.40			x32.91									
UMAC vs. MAC Girls	Dec-17-11		53.04			55.08						x32.79						
Methacton at NAAC	Dec-10-11					28.49			36.78									
PVAC@MAC12-3-2011	Dec-03-11	x23.83				26.51			x38.31									
Radnor Aquatic vs. Methacton Aquatic Cl	Nov-19-11		x55.24			x26.84												
LM AT MAS 11-12-2011	Nov-12-11					25.34			36.87									
Li, Karen		50 Free	100 Free	200 Free	500 Free	50 Back	100 Back	200 Back	50 Breast	100 Breast	200 Breast	50 Fly	100 Fly	200 Fly	100 IM	200 IM	400 IM	
UMAC vs. MAC Girls	Dec-17-11	x47.09				x53.75			x58.72									
Methacton at NAAC	Dec-10-11	53.32																
PVAC@MAC12-3-2011	Dec-03-11	x50.77				x54.37			x1:02.21									
LM AT MAS 11-12-2011	Nov-12-11	x51.12							x1:03.68									
Li, Malana		50 Free	100 Free	200 Free	500 Free	50 Back	100 Back	200 Back	50 Breast	100 Breast	200 Breast	50 Fly	100 Fly	200 Fly	100 IM	200 IM	400 IM	
SOUD@MAC1-14-2012	Jan-14-12		x1:34.55						x51.68									
UMAC vs. MAC Girls	Dec-17-11	44.21							54.12							x1:46.80		
Methacton at NAAC	Dec-10-11	44.50																
PVAC@MAC12-3-2011	Dec-03-11	40.90							x51.84									
Radnor Aquatic vs. Methacton Aquatic Cl	Nov-19-11															1:49.41		
LM AT MAS 11-12-2011	Nov-12-11	47.89							55.20			57.70						
Li, Nicole		50 Free	100 Free	200 Free	500 Free	50 Back	100 Back	200 Back	50 Breast	100 Breast	200 Breast	50 Fly	100 Fly	200 Fly	100 IM	200 IM	400 IM	
SOUD@MAC1-14-2012	Jan-14-12		x1:17.82						x44.70									
UMAC vs. MAC Girls	Dec-17-11		x1:19.76						x46.81							x1:33.85		
PVAC@MAC12-3-2011	Dec-03-11	x36.07							x44.20			x39.07						
Radnor Aquatic vs. Methacton Aquatic Cl	Nov-19-11	41.64							x45.96			x39.96						
LM AT MAS 11-12-2011	Nov-12-11		x1:20.80						x48.57			x44.58				x1:32.44		

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Liao, Allison		25 Free	50 Free	100 Free	200 Free	25 Back	50 Back	100 Back	25 Breast	50 Breast	100 Breast	25 Fly	50 Fly	100 Fly	100 IM	200 IM	
SOUND@MAC1-14-2012	Jan-14-12	x24.63				x29.10			x33.87								
UMAC vs. MAC Girls	Dec-17-11	x26.35										37.40					
Methacton at NAAC	Dec-10-11	26.04							34.07								
PVAC@MAC12-3-2011	Dec-03-11	x27.43				x31.10											
Radnor Aquatic vs. Methacton Aquatic Cl	Nov-19-11	x25.66															
Lynn, Amanda		50 Free	100 Free	200 Free	500 Free	50 Back	100 Back	200 Back	50 Breast	100 Breast	200 Breast	50 Fly	100 Fly	200 Fly	100 IM	200 IM	400 IM
SOUND@MAC1-14-2012	Jan-14-12	x40.30							x59.11			x57.12					
UMAC vs. MAC Girls	Dec-17-11	x40.02				x49.09			x59.01								
Methacton at NAAC	Dec-10-11	39.18							1:01.61								
PVAC@MAC12-3-2011	Dec-03-11	x40.07				x50.04											
NAAC HARVEST MEET 2011	Nov-26-11	42.78				54.58						59.75					
Radnor Aquatic vs. Methacton Aquatic Cl	Nov-19-11		x1:30.97						x1:07.18			x59.13					
LM AT MAS 11-12-2011	Nov-12-11		x1:29.42			x51.89											
Perkiomen Valley Fall Fest 2011	Nov-06-11	41.26				50.12						58.78					
Malachowski, Julia		50 Free	100 Free	200 Free	500 Free	50 Back	100 Back	200 Back	50 Breast	100 Breast	200 Breast	50 Fly	100 Fly	200 Fly	100 IM	200 IM	400 IM
SOUND@MAC1-14-2012	Jan-14-12	x46.84				46.42										x1:53.55	
UMAC vs. MAC Girls	Dec-17-11	x49.19				x50.46											
Methacton at NAAC	Dec-10-11	51.93	1:42.74			52.32			58.16								
PVAC@MAC12-3-2011	Dec-03-11					49.46			x1:02.28								
Radnor Aquatic vs. Methacton Aquatic Cl	Nov-19-11					48.71											
LM AT MAS 11-12-2011	Nov-12-11	x44.91				45.99										x1:57.98	
McCann, Caelan		50 Free	100 Free	200 Free	500 Free	1000 Free	1650 Free	100 Back	200 Back	100 Breast	200 Breast	100 Fly	200 Fly	200 IM	400 IM		
SOUND@MAC1-14-2012	Jan-14-12											1:11.28		2:36.45			
UMAC vs. MAC Girls	Dec-17-11													2:39.09			
Methacton at NAAC	Dec-10-11			2:18.55					1:25.42			1:12.46					
PVAC@MAC12-3-2011	Dec-03-11		1:04.50					1:15.21									
Radnor Aquatic vs. Methacton Aquatic Cl	Nov-19-11			2:17.23								1:11.33					

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		50	100	200	500	50	100	200	50	100	200	50	100	200	100	200	400
		Free	Free	Free	Free	Back	Back	Back	Breast	Breast	Breast	Fly	Fly	Fly	IM	IM	IM
Reilly, Jamie																	
UMAC vs. MAC Girls	Dec-17-11	x39.30	x1:32.97														
Methacton at NAAC	Dec-10-11	39.62															
PVAC@MAC12-3-2011	Dec-03-11	x39.44	x1:29.66														
LM AT MAS 11-12-2011	Nov-12-11	x40.16				x49.56									x1:40.59		
Ridgway, Cassidy																	
		Free	Free	Free	Free	Back	Back	Back	Breast	Breast	Breast	Fly	Fly	Fly	IM	IM	IM
SOUD@MAC1-14-2012	Jan-14-12		1:10.94										1:26.54				
UMAC vs. MAC Girls	Dec-17-11		1:10.84									37.61					
PVAC@MAC12-3-2011	Dec-03-11	31.13	1:11.52									34.48					
NAAC HARVEST MEET 2011	Nov-26-11	32.41	1:12.95									39.59			1:26.49		
Radnor Aquatic vs. Methacton Aquatic Cl	Nov-19-11		1:12.27										1:27.54				
LM AT MAS 11-12-2011	Nov-12-11		x1:14.62									x38.31					
Rodriguez, Kristen																	
		Free	Free	Free	Free	Back	Back	Back	Breast	Breast	Breast	Fly	Fly	Fly	IM	IM	IM
Methacton at NAAC	Dec-10-11	41.03	1:30.14									53.83					
PVAC@MAC12-3-2011	Dec-03-11	x42.52															
Radnor Aquatic vs. Methacton Aquatic Cl	Nov-19-11		1:39.25												1:51.42		
LM AT MAS 11-12-2011	Nov-12-11		x1:33.09									x52.91			x1:47.41		
Rodriguez, Nicole																	
		Free	Free	Free	Free	Back	Back	Back	Breast	Breast	Breast	Fly	Fly	Fly	IM	IM	IM
Methacton at NAAC	Dec-10-11		1:27.06														
PVAC@MAC12-3-2011	Dec-03-11					x39.51			x45.21								
Radnor Aquatic vs. Methacton Aquatic Cl	Nov-19-11								45.18								
LM AT MAS 11-12-2011	Nov-12-11	x33.37				x39.22			x44.70						x1:30.56		
Ruit, Jakila																	
		Free	Free	Free	Free	Back	Back	Back	Breast	Breast	Breast	Fly	Fly	Fly	IM	IM	IM
Methacton at NAAC	Dec-10-11					30.43			29.59								
PVAC@MAC12-3-2011	Dec-03-11	x20.12							x30.73								
Radnor Aquatic vs. Methacton Aquatic Cl	Nov-19-11		47.56									x28.69					
LM AT MAS 11-12-2011	Nov-12-11	20.22										29.68					

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		50	100	200	500	50	100	200	50	100	200	50	100	200	100	200	400
		Free	Free	Free	Free	Back	Back	Back	Breast	Breast	Breast	Fly	Fly	Fly	IM	IM	IM
Vagvala, Neha																	
PVAC@MAC12-3-2011	Dec-03-11	x56.33															
Radnor Aquatic vs. Methacton Aquatic Cl	Nov-19-11	x1:03.04	x2:28.39														
Wadsworth, Alyssa																	
SOUND@MAC1-14-2012	Jan-14-12	30.55							38.29						1:16.93		
UMAC vs. MAC Girls	Dec-17-11	30.43	1:06.82						40.25								
Methacton at NAAC	Dec-10-11	30.97	1:08.09						40.12								
PVAC@MAC12-3-2011	Dec-03-11		1:07.14						39.20								
Radnor Aquatic vs. Methacton Aquatic Cl	Nov-19-11	31.19	1:07.18						39.46								
LM AT MAS 11-12-2011	Nov-12-11	30.54							41.22								
Wang, Amanda																	
SOUND@MAC1-14-2012	Jan-14-12					24.63						x27.59					
UMAC vs. MAC Girls	Dec-17-11											24.24					
Methacton at NAAC	Dec-10-11	24.08							29.02								
PVAC@MAC12-3-2011	Dec-03-11					51.50			x33.56				28.18				
Radnor Aquatic vs. Methacton Aquatic Cl	Nov-19-11					25.06							31.29				
Wang, Kristen																	
SOUND@MAC1-14-2012	Jan-14-12	27.32						1:09.80									
Methacton at NAAC	Dec-10-11		1:04.80					1:12.94									
Radnor Aquatic vs. Methacton Aquatic Cl	Nov-19-11	28.59						1:11.23									
LM AT MAS 11-12-2011	Nov-12-11	27.57						1:09.99									
Wierzel, Ashley																	
SOUND@MAC1-14-2012	Jan-14-12		1:10.65			34.42							33.92				
UMAC vs. MAC Girls	Dec-17-11					35.65							36.04				
Methacton at NAAC	Dec-10-11		1:14.18			37.97							36.87				
PVAC@MAC12-3-2011	Dec-03-11					36.63							35.87				
Radnor Aquatic vs. Methacton Aquatic Cl	Nov-19-11					35.77							35.75		1:24.08		
LM AT MAS 11-12-2011	Nov-12-11					35.32							33.97				

