

SAL DUAL MEET FORMAT

- | | |
|--------------------------------|-------------------------------------|
| 1. 11 & Under One meter Diving | 22. 13 - 14 100 Breaststroke |
| 2. 12 - 14 One meter Diving | 23. 15 & Over 100 Breaststroke |
| 3. 15 & over One Meter Diving | 24. 8 - Under 25 Butterfly |
| 4. 8 & Under 100 Medley Relay | 25. 9 - 10 50 Butterfly |
| 5. 9 - 10 200 Medley Relay | 26. 11 - 12 50 Butterfly |
| 6. 11 - 12 200 Medley Relay | 27. 13 - 14 100 Butterfly |
| 7. 13 - 14 200 Medley Relay | 28. 15 & Over 100 Butterfly |
| 8. 15 & Over 200 Medley Relay | 29. 8 & Under 50 Freestyle |
| 9. 8 & Under 25 Freestyle | 30. 9-10 50 Freestyle |
| 10. 9 - 10 100 Freestyle | 31. 11 - 12 50 Freestyle |
| 11. 11 - 12 100 Freestyle | 32. 13 - 14 50 Freestyle |
| 12. 13 - 14 100 Freestyle | 33. 15 & Over 100 Freestyle |
| 13. 15 - Over 200 Freestyle | 34. 9 - 10 100 Individual Medley |
| 14. 8 & Under 25 Backstroke | 35. 11 - 12 100 Individual Medley |
| 15. 9 - 10 50 Backstroke | 36. 13 - 14 200 Individual Medley |
| 16. 11 - 12 50 Backstroke | 37. 15 & Over 200 Individual Medley |
| 17. 13 - 14 100 Backstroke | 38. 8 & Under 100 Freestyle Relay |
| 18. 15 & Over 100 Backstroke | 39. 9 - 10 200 Freestyle Relay |
| 19. 8 & Under 25 Breaststroke | 40. 11 - 12 200 Freestyle Relay |
| 20. 9 - 10 50 Breaststroke | 41. 13 - 14 200 Freestyle Relay |
| 21. 11 - 12 50 Breaststroke | 42. 15 & Over 200 Freestyle Relay |