

To MAC Families:

The agenda items and minutes from the MAC Parent Meeting held on Tuesday, October 9th are provided below. The topics have been re-ordered from their discussion at the meeting, to present upcoming items first.

Thank you to all of you who volunteered to help fill empty positions. We are now looking for a Boys League Representative—This job involves attending 2 additional league meetings this season and providing any assistance/guidance as needed at the boys swim meet. You will also coordinate with the opposing team's representative about a week before the meet, to confirm the meet specifics, eg. Meet start time and location. **Please consider this position. You can talk to last year's representative if you have specific questions. We must fill this position.

The next parents meeting will be held Tuesday, November 13th, in the MHS Faculty Dining Room from 6-7pm. All are welcome. An agenda will be published at a later date. We will have at least one coach available for questions. Please send any topic requests to our webmaster, Joe Coyne. His email address is available on our website.

Thank you.

—Linnea Rodman and Janine Civitello

****Welcome**

****Introductions:**

- Co-Presidents: Janine Civitello and Linnea Rodman
- Vice President Swimming: Les Konkoly
- Vice President Diving: Jane Moyer
- Co-Treasurers: Christine Leone and Joyce Stimmler
- Secretary: Meredith Dickinson
- SAL Girls REP: Anne Dispaldo
- **SAL Boys REP: NEW REP NEEDED**
- SAL Diving REP: Jane Moyer
- WebMaster/Email Distributor: Joe Coyne (assistant, if needed: Jen Wiess)
- VACANT BOARD POSITIONS:
 - Another Rep/Girls Backup Needed: ___add'l Girl's Parent needed
 - Another Rep/Boys Backup Needed: ___add'l Boy's Parent needed

****SAL Clinics- you are invited! *** Especially to the MAC hosted clinic.**

The Suburban Aquatic League has set up instructional clinics for parent volunteers, to learn more specifics about the officiating meet positions. Everyone should consider attending the MAC hosted Stroke and Turn Clinic to learn more about each stroke and what the judges will be looking for—to determine if your child's stroke is legal.

For those MAC parents who have stepped up to the “block” and volunteered for one of the officiating meet positions, like Starter/Referee, Stroke and Turn Judge, Finish Judge or working the computer table at the meet (using Meet/Team Manager software), please plan on attending your respective clinic. Some swimming rules have changed, and they can provide additional information to you about your specific position. Thank you very much for volunteering your time!

\ October 18th SAL Stroke and Turn Clinic:

- At MHS 7-8pm in the Faculty Dining Room
- 8-8:30pm in the pool area for stroke legal/illegal demonstrations

- o **** This is an excellent opportunity for all parents to learn more about each stroke, and what the officials will be looking for—to determine if your child's stroke is legal or illegal. Come out and learn!

Other SAL CLINICS – ALL START AT 7pm:

SAL is conducting a number of officials clinics before the season begins. There have been rule changes, so these will benefit even experienced swim parents. Please consider attending a clinic, especially the one located at MHS.

Tue	10/16	Stroke/ Turn	Centennial
Wed	10/17	Starter/Referee	Upper Dublin
Thu	10/18	Stroke/ Turn	Methacton
Tue	10/23	Starter /Referee	Upper Merion
Tue	10/23	Meet/Team Manager	CB South
Wed	10/24	Stroke/ Turn	Pennsbury
Thu	10/25	Stroke/ Turn	Upper Merion

****SWIMMING TIME TRIALS: Saturday October 20th – starts at 2pm—ARRIVE AT 1:45pm**

- o **Each swimmer is expected to attend.**
- o **IF your swimmer will not be at Time Trials, notify the coaches immediately—via email TODAY!
- o **Parents are also expected to attend**—This is an excellent opportunity to learn the meet jobs that you will be working during the dual meets. We need many volunteers to run the meet--- Please plan to be there.
- o **Snack Bar will be available**
- o Athletes will be swimming each event (all 4 strokes and Individual Medley event) to establish an initial time for each event.
- o Some fun will be added to the meet—with our kids split into 2 teams.
- o A list of recommended supplies for your athlete will be sent out prior to Saturday.
- o Time Trials will follow the format of a regular Dual Team Meet--- the events will be posted on the website, and sent in an email.

****Invitational Meets – Chris and Cheryl Lebold**

-) Check our website and your email for details on the invitational meets—
-) Deadlines for entering are quickly approaching
-) Invitationals are optional meets, which provide additional opportunities for the athletes to compete in events of their choice
-) Coaches will attend as long as we have at least 5 athletes in the session (* if minimum is not met, interested athletes will be notified, before entries are submitted)
-) Questions can be sent to Chris and Cheryl Lebold (csattin@comcast.net)

****MAC Directory copies now available in your mailboxes**

****Feedback from the coaches:**

-) 1st CONTACT: Head Coaches
 - o Dawn Linde: linded@comcast.net
 - o Tim Kronstain: trk270@yahoo.com
 - o Coach Lin: divingcoachlk@hotmail.com
-) THANK YOUs:
 - o Prompt pickup of your children
 - Yes, we are ready to go home, too!
 - o Turning the showers off in the locker rooms
-) REMEMBER: Get to practice on time, or even 5 minutes early**
 - o Every minute in the pool/stretching/practice counts
 - o We are limited with our practice time—make every minute count
-) REMEMBER: Tuesday and Thursday DRYLAND PRACTICE (11 and up)
 - o Be on deck ready BY 6:15pm**or 5 minutes earlier, then group will move to the hallway for the dryland practice to start promptly
-) CARPOOL SUGGESTIONS:
 - o Directories now available in your mail folders
 - o If you are interested in carpooling, especially to the early practice—some parents are constrained by work, please contact others that live nearby—They will probably welcome the invitation to participate in a carpool, too.
-) EATING BEFORE PRACTICE:
 - o Some little kids are complaining of stomach aches during practice—a substantial snack or early dinner is recommended, not a big dinner right before practice
-) WATER BOTTLES ARE RECOMMENDED ON DECK—
 - o PLEASE LABEL WITH YOUR CHILD'S NAME
-) TIME TRIALS/DUAL MEETS
 - o Athletes are expected to attend Time Trials and each Dual Meet
 - o Coaches will assume you are going to be there, unless they are notified otherwise ****

- If your child can not attend a meet, please email the head coach ASAP, even if the meet is a month away. The coaches work on the meet line-ups a week before the meet. You MUST notify them at least 1 week before the meet, if you child can not attend.
- For any emergencies or child being sick the day before or the day of the meet, please contact the coach as soon as possible--
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- Parent Volunteers—You are responsible for finding a replacement if you are assigned to work, and you have a conflict—either trade with someone else, or find a sub.

-) **Questions/Comments/Feedback: "How's the season going?"**
 - No comments made.

****Volunteer Coordinator Introductions and Any Info To Pass On:**

-) Girls Meet Directors: Sue Tierney, Anne Dispaldo, Alice Young
-) Boys Meet Directors: Marilyn McAnally, Fabienne Perrinaud, Wiafang Miao (?), Xingmin Zhao (?)
-) Team Manager/Meet Manager: Alice Young (girls), Jen Wiess (girls),
 - BOYS NEEDED: Ping Feng (Eric Bai's Mom)
 - --additional Boy's Parent needed
-) Meet Set-Up/Tear Down:
 - Hu Li (boy and girl)
 - Frank Mann (girl)
 - Steve Lauman (girl)
 - Audrey Lauman (girl)
 - Mark and Mary Buler (boy)
 - Qunying Dai & Hualong Li (boy)
 - ***** Single Point of Contact/Lead needed – 1 Boy/ 1 Girl parent
 -
-) Fundraising Committee: **Include 50/50 tickets at meets
 - Tracey Jones
 - Linda Tyson (Coordinator)
 - Betsy Brycki
 - Diane Ginther
-) Mail Boxes: Lori Kupsky
-) Publicity: (Meet results to Times Herald, The Reporter, elem schools, Arcola-- selective results, publicize fundraisers to community?, other?)
 - Shari Weber
 - Becky Morris (Coordinator)

- Riordan
- \ Snack Bar: ** Talk to Terri Lewis about how Snack Bar was run last year
 - Boys:
 - Chrissie Wingerd (Coordinator for Boys)
 - Piaffao Zhang
 - Wayee Lin
 - Betsy and Jack Brycki
 - Shangguan
 - Zhao
 - Girls
 - Chuanbo Zang
 - Tyson
 - Kristina O'Donnell (Coordinator for Girls)
- \ Banquet Committee: coordinator needed: _____
 - Chris Hazlett
 - Becky Morris
 - Linda Tyson
 - Meredith Dickinson
 - Christine Leone
 - Kathi Rees
 - Linda Kazel
 - Mark Family
 - McCann Family
 - Shea Family
 - Hunt Family
- \ Clothing/Team Gift
 - Damato
 - Hunt
 - Mansfield
 - Rees
 - Simkins
 - Stimmler (CLOTHING COORDINATOR)
 - Tyson
- \ Girls Best Times Certificates/Ribbons---coordinator needed
 - Alice Young
 - Tracey Jones (Co-coordinator)
 - Diane Ginther
 - Amy Shea (Co-coordinator))
 - Terri Lewis
 - Linda Tyson
- \ Boys Best Times Certificates/Ribbons---coordinator needed
 - Corinne Mansfield
 - Ping Feng (Eric Bai)
 - Ming Gao (Alex Yang)
 - Megan Roy (Co-coordinator)
 - Sharon Caplan (Co-coordinator)

- Donnelly